

Bay Zen Center 2010 Sesshin Application
689 62nd St., Oakland, CA 94609

Name:		Telephone:	Age:	Gender:
Address:		Email:		
Emergency Contact Name (family member):	Telephone:	Relationship:		
Emergency Contact Name:	Telephone:	Relationship:		

Date (circle only one)	Members	Non-members	Deadline	Sesshin Director
June 1 - 6 (5 days)	\$200-600	\$275-775	May 1 st	brentbeavers@earthlink.net
August 29 – September 3 (5 days)	\$200-600	\$275-775	July 24 th	elanne@elannekresser.com
November 30 – Dec 5 (5 days)	\$200-600	\$275-775	October 30 th	TBD

Please pay as much of the sliding scale as you can afford, as this will allow those who need to pay less the opportunity to attend. Our intention is to make our offerings available to everyone. We keep our fees as low as possible while responding to our basic expenses and limited financial means. If financial difficulties would otherwise prevent you from attending, please apply for a scholarship. Email the Sesshin Director for a scholarship application and submit it with this application.

I would like to apply for a scholarship and have included the scholarship application with this sesshin application.

All participants should answer the following questions with every sesshin application:

- I understand that all participants are expected to attend the entire sesshin schedule..... Yes No
- I will be able to help with food shopping *the day before* or *the day* sesshin begins Yes No
- I will *rent (\$10)* *purchase (\$30)* oryoki bowls (separate payment enclosed)..... Yes No
- I will need oryoki instruction (1st timers to oryoki only) Yes No
- I will be sleeping at the center (we provide futons & pillows (no pillow case) only for people who will *not* be driving to the center. If you are driving, you must bring your own)..... Yes No
- I snore loudly Yes No
- I am a student of Diane's Yes No

If *no*: I have been practicing the following length of time:

I have been practicing with the following teacher(s):

I have been practicing in the following style(s):

The last time I sat a multi-day meditation retreat was:

Any other information I think would be helpful (use back if necessary):

List any serious physical conditions and any environmental, animal, or food allergies:

How do I apply? Submit this application with full payment (check or money order) any time before the deadline date. Late applications will not be accepted. Applications without payment will not be accepted, except for international applicants, who may pay by cash, U.S. check, or money order upon arrival. Make checks payable to Bay Zen Center, and please do not include membership dues in sesshin checks. Applications and payment can be hand-delivered to the Zen center (placed in Sesshin Director's mailbox in the office) or mailed to 689 62nd St., Oakland, CA 94609. Write "Sesshin Application" on the envelope.

How do I know if I've been accepted? If you live within driving distance and do not hear from us within three days of the deadline, assume you are accepted. If you live at a distance or are wait-listed, we will notify you immediately.

What if I have to cancel? Please call us as soon as you know. The service fee for cancellations up to two days before sesshin date is \$10; one day before sesshin date is 1/3 the sesshin fee. There are no refunds for no-shows.

When do I arrive? Newcomers arrive at 6 pm for orientation; all other participants arrive no later than 6:30 pm for registration. Sesshin ends at 1 pm. Please do not make arrangements to leave earlier.

Information for Work Leader (Everyone, no matter how many sesshins you have attended at BZC, must complete this):

Name: _____ Physical limitations: _____

I am trained to administer: First Aid CPR

My skills (not preferences, please) are: Carpentry Cooking Electrical Gardening Plumbing Sewing Typing
 Other _____